Code of Conduct: Junior & Senior Members

General behaviour:

- 1. I will treat all members of, and persons associated with, the ASA with due dignity and respect
- 2. I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
- 3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
- 4. I will display a high standard of behaviour at all times.
- 5. I will always report any poor behaviour by others to an appropriate officer or member of staff
- 6. I will recognise and celebrate the good performance and success of fellow club and team members
- 7. I will respect the privacy of others, especially in the use of changing facilities.
- 8. I will abide by the rules set down by Swim England and the club

Training

- 1. I will treat my coach and fellow members with respect
- 2. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad
- 3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach
- 4. I understand that if I arrive late, I must report to my coach before entering the pool
- 5. I will ensure that I wear appropriate swimwear and/or club kit for all sessions
- 6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
- 7. I will listen to what my coach is telling me at all times and obey any instructions given
- 8. I will practice dives as instructed by the coach
- 9. I will not stop beneath dive boards, or obstruct others from completing their training
- 10. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time
- 11. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult

Competitions

- 1. At competitions, whether they are regional, national or club events, I will always behave in a manner that shows respect to my coach, the offices, my team mates and the members of the competing organisations.
- 2. I understand that I will be required to attend events that the Head Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
- 3. I understand that I must wear appropriate swimwear, tracksuits and T-shirts/shorts as per the rules laid down by the club.
- 4. I will report to my coach on arrival on poolside
- 5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for my dives
- 6. I will be part of the team. This means I will stay with the coach/team on poolside.
- 7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the coach before doing so.

- 8. After my dive I will report to my coach for feedback
- 9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
- 10. I will never leave an event until either the vent is complete or I have the explicit agreement of the coach.

Talk through this Code of Conduct with your parent/guardian and/or Children's Officer.

This Code of Conduct is for you, whatever your level of participation and you should encourage others to abide by this Code.

Signed:			
Name (print):			
Date:	/	/	Wavepower 2016-2019